

Sacred Heart Center for Health & Healing

207-467-3345

**If you are using a GPS our physical address is:
62 Portland Rd Suite # 5 Kennebunk, Maine 04043**

All of the buildings are not numbered. Please read the entire directions to locate our building.

Directions

From the Maine Turnpike traveling from the South:

Exit Kennebunk

Make a left turn after getting off the exit onto route 35
Go past High School to “the round a bout” and take second exit towards route one.
At traffic light make a **Left** onto route 1 and travel North.

Stay left on route 1 Go through The 1st Traffic Light and 2nd Traffic light at Post Office and McDonald’s on your right.

Go through the 3rd Traffic Light with Kennebunk Savings Bank on your left and Shoppers Village on the right and 62 Portland Road is shortly after that. We are the next left turn.

Look for 62 Portland Road (Also called 62 Post Road Center) on your left.

Turn into the condominium complex. We are in the first Yellow Building. Make the first **right** turn. **We are on the opposite side of Allstate Insurance. Parking on the right**

From the Maine Turnpike traveling from the North:

Exit Biddeford

Travel straight through the traffic light at the toll exit and at the next traffic light turn **Right** onto Route 1 going South about 5 miles.

You will pass our old office at 1232 Portland road.

Continue south through the Traffic Light at corner by our office.

Go through the Traffic light at Ross Road (Aroma Joe’s on the corner)

At about a 1/4 mile on right, there will be the sign for **62 Portland Road** (also called 62 Post Road Center)

Turn into the condominium complex. We are the first Yellow Building. Make the first **right** turn. **We are on the opposite side of Allstate Insurance. Parking on the right**